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CYSTOSCOPY INSTRUCTIONS

Dear patient,

The following instructions will give you an idea of what to expect before and after your scheduled cystoscopy. It will also explain when you should seek emergency care.

Once scheduled, we ask that you please report to our office located at: 525 E 68th Street, Starr 900 about 15 minutes before your appointment time. However, if you are not able to keep your scheduled appointment, please notify us as soon as possible.

What Is A Cystoscopy?

A cystoscopy is the visual inspection of the bladder and urethra with a special telescope-like instrument. A local anesthetic jelly (no injections) is used for the cystoscopy. Photos may be taken during the study. The test may take 15-20 minutes.

Risks Involved:

After this procedure a small risk of infection exists. Please tell us if you suspect that you are pregnant.

How To Prepare:

There are no special preparations for this test. However, in order to safeguard against infections, an antibiotic will be sent to your pharmacy. Please fill it and bring with you to your appointment, you will take the 1 tablet one hour before your scheduled cystoscopy.

Post Cystoscopy Instructions:

Drink plenty of water and resume your regular activities.

It is normal to have some burning with urination immediately after your procedure; you may also see a small amount of blood in your urine. However, if experience any signs of infection, such as temperature over 101 F, the onset chills, or inability to pass your urine, please contact our office or go to the nearest emergency room.

If you have any questions, do not hesitate to contact our office at 212-746-5562.

Sincerely,
Christopher E. Barbieri, MD, PhD