

MEN'S HEALTH: IT MATTERS



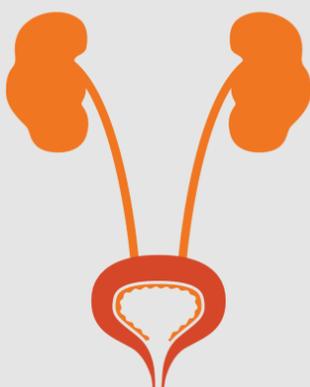
1 TESTOSTERONE

A low level of testosterone may cause men to experience mental fatigue, weight gain, hair loss, and sexual dysfunction. Contact your physician to get tested if you suspect low testosterone.



2 BPH

Benign prostatic hyperplasia (BPH), also known as an enlarged prostate, is not cancer and does not appear to be linked to cancer. However, it can cause uncomfortable symptoms such as painful urination, weak urine flow, and urinary incontinence.



3 PROSTATE CANCER

Prostate cancer is the second-leading cause of cancer deaths among men in the United States. However, the earlier the cancer is caught and treated, the more likely the patient will remain disease-free. Treatment success rates are high compared with most other types of cancer in the body.



4 TESTICULAR CANCER

Testicular Cancer is the most common cancer found in men aged 15-44 years old. It's fairly rare and very treatable. With early diagnosis, testicular cancer can be cured. With treatment, the risk of death from this cancer is small.



5 PSA TESTING

Prostate Cancer is diagnosed with a biopsy. The most common reason for a man to undergo a prostate biopsy is due to an elevated prostate-specific antigen level, or PSA, determined by a blood test.



6 MAKE PREVENTION A PRIORITY

Many health conditions can be detected early with regular checkups from your healthcare provider. Regular screenings may include blood pressure, cholesterol, glucose, prostate health, and more.